



FOUNDATION PLAN: IMMUNE SYSTEM SUPPORT PROTOCOL

KIT BENEFITS

- This kit includes 5 core supplements: Adaptogen Immune, Binder Blend, Foundation Formula, Herbal Biotic, and Phospholipid Synergy Powder
- Bolsters your body's resistance to stress
- Aids in detoxifying the liver, bile ducts, digestive tract, and kidneys
- Provides robust support for the immune, nervous, and endocrine systems

YOUR KIT INCLUDES

- 1 bottle of Adaptogen Immune
- 1 bottle of Binder Blend
- 1 bottle of Foundation Formula
- 1 bottle of Herbal Biotic
- 1 container of Phospholipid Synergy Powder



PROTOCOL



MORNING



AFTERNOON



EVENING

2 caps Adaptogen
 3 caps Binder Blend *
 3 caps Foundation
 2 caps Herbal Biotic *
 1 scoop Phospholipid

2 caps Adaptogen
 3 caps Foundation

3 caps Binder Blend *
 3 caps Foundation
 2 caps Herbal Biotic *
 1 scoop Phospholipid

NOTES

- This protocol is usually well tolerated in average body-sized patients; reduce dosage if not tolerated
- Herbal Biotic * is shown at the lowest dose; if well tolerated, it can be increased up to 3 caps 3x day
- Binder Blend * should be taken on an empty stomach: 30 before and/or 60 minutes after other foods, medications, or supplements

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