



Lyme Protocol

Dosage:

This protocol is usually well tolerated in average body-sized patients; reduce dosage if not tolerated.

Number of products necessary (per month):

1 Foundation Plan package (includes 5 supplements), 1 bottle of GSE

Notes:

- The following schedule is for 4 weeks. Repeat as needed.
- GSE is added as a cyst buster. It is pulsed in 2 weeks OFF and 2 weeks ON.
- Herbal Biotic is shown at the lowest dose. If well tolerated, it can be increased to up to 3 caps 3 x day.
- *Binder Blend should be taken on an empty stomach. Empty stomach: 30 minutes before and/or 60 minutes after other food, medications, or supplements.

Week	Day	Product	Morning	Afternoon	Evening
Weeks 1 & 2	1-7	Foundation Formula	3	3	3
		Herbal Biotic	1	•	1
		Bio-Assist	2	•	2
		Adaptogen Immune	2	2	•
		*Binder Blend	3	•	3
Weeks 3 & 4	1-7	Foundation Formula	3	3	3
		Herbal Biotic	2	•	2
		Bio-Assist	2	•	2
		Adaptogen Immune	2	2	•
		GSE	2		2
		*Binder Blend	3	•	3

