



Mold Protocol

Dosage:

This protocol is usually well tolerated in average body-sized patients; reduce dosage if not tolerated.

Number of products necessary (per month):

1 bottle of Foundation Formula, 1 bottle of Bio-Assist, 2-4 bottles of Itis, 1 bottle of Glutathione, 1-3 bottles of Binder Blend

Notes:

- *Binder Blend should be taken on an empty stomach: 30 minutes before and/or 60 minutes after other food, medications, or supplements.

Duration	Product	Morning	Afternoon	Evening
Daily	Foundation Formula	3	3	3
	Bio-Assist	2	•	2
	Itis	2-4	2-4	2-4
	Glutathione	2	•	•
	*Binder Blend	2-5	2-5	2-5